Cross-Modal Plasticity in Deaf Child Cochlear Implant Candidates Assessed Using Visual and Somatosensory Evoked Potentials

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ABSTRACT
INTRODUCTION Cross-modal plasticity has been extensively studied in deaf adults with neuroimaging studies, yielding valuable results. A recent study in our laboratory with deaf-blind children found evidence of cross-modal plasticity, revealed in over-representation of median nerve somatosensory evoked potentials (SEP N20) in left hemisphere parietal, temporal and occipital regions. This finding led to asking whether SEP N20 changes are peculiar to deaf-blindness or are also present in sighted deaf children.

OBJECTIVE Assess cross-modal plasticity in deaf child cochlear implant candidates using neurophysiological techniques (visual evoked potentials and median nerve somatosensory evoked potentials).

METHODS Participants were 14 prelingually deaf children assessed in the Cuban Cochlear Implant Program. Flash visual-evoked potentials and SEP N20 were recorded at 19 scalp recording sites. Topographic maps were obtained and compared to those of control group children with normal hearing. Analysis took into account duration of hearing loss.

RESULTS Topographic maps of flash visual-evoked potentials did not show changes in deaf child cochlear implant candidates. However, SEP N20 from right median nerve stimulation did show changes from expansion of cortical activation into the left temporal region in deaf children aged ≥7 years, which was interpreted as neurophysiological evidence of cross-modal plasticity, not previously described for this technique and type of somatosensory stimulus. We interpret this finding as due in part to duration of deafness, particularly related to handedness, since expansion was selective for the left hemisphere in the children, who were all right-handed.

CONCLUSIONS Cortical over-representation of SEP N20 in the left temporal region is interpreted as evidence of cross-modal plasticity that occurs if the deaf child does not receive a cochlear implant early in life—before concluding the critical period of neural development—and relies on sign language for communication.

KEYWORDS Neuroplasticity, somatosensory evoked potentials, visual evoked potentials, cochlear implants, deafness, prelingual deafness, hearing loss, sensorineural hearing loss, neurophysiology, Cuba

INTRODUCTION
Numerous publications have documented findings on cross-modal plasticity (CMP) in single sensory deprivation (either auditory or visual) from both experimental animal models and human studies.[1–12] To date, however, neuroplasticity studies of deaf persons have been carried out mainly in adults, primarily employing stimulation involving visual tasks, such as use of American Sign Language.[3,13–16] The latter has been used to study cortical activation (formation of neural networks) when communication is through sign language; notably, Neville[16] found that sign language use by deaf persons activates classic cortical areas of the left hemisphere normally linked to language acquisition and development, but that homologous right hemisphere areas are also activated.

The study of neuroplasticity, particularly in the auditory system, is an important topic; hearing is probably one of the most important human senses because of its direct link to language. However, the fact that, as a consequence of hearing loss, cortical reorganization takes place in auditory areas based on intact sensory input (visual or somatosensory), due to the effect of CMP, suggests that utility of cochlear implant (CI) as a treatment option for profound bilateral deafness could be adversely affected in these patients.[17]

The research presented here, evaluating cortical reorganization in deaf children using evoked potentials, builds on previous findings in our laboratory.[18] A study of a group of deaf–blind child CI candidates found over-representation of the topography of somatosensory evoked potentials obtained by median nerve stimulation (SEP N20), since it had expanded to the parietal, temporal and occipital regions, which was interpreted as the first evidence of CMP in deaf–blind children obtained through use of this neurophysiological technique. Continuing this line of research, the present study looked at topographic maps of flash visual-evoked potentials (flash VEP) and SEP N20 in deaf child CI candidates to assess cortical neuroplastic changes as a consequence of prelingual auditory sensory deprivation in these children and to determine whether the SEP N20 topography changes found in deaf–blind children are also found in sighted deaf children.

METHODS
A prospective study was done to assess flash VEP and SEP N20 topography in deaf children. The deaf children were selected from the Cuban Cochlear Implant Clinic in the Marfán Pediatric Teaching Hospital, where children undergo a series of required tests to determine CI suitability. The sample consisted of 14 deaf children aged 5 to 15 years (mean age 9.4, SD 3.1), eight of whom were girls, who became CI candidates during the first three months of 2010. Flash VEP was performed on all children, while SEP N20 was only possible for 10 of them, who were aged 5 to 15 years (mean age: 10.8, SD 3.7), four of whom were girls. Four children did not tolerate the electrical stimulus used to evoke the response. Severity of auditory sensory deprivation was clinically assessed by audiologists, specialists, and by auditory evoked potential techniques (transient and steady-state) of the brain stem. All children had bilateral prelingual profound sensorineural hearing loss, characterized by severity of deafness (absence of audiometric response at frequencies of 0.5, 1, 2 and 4 kHz). None of the deaf children had vision problems.

The study also included 28 healthy children with normal hearing, aged 5 to 15 years (mean age: 10.3; SD 2.3), 12 of whom were
girls. This control group was needed to characterize flash VEP topography in healthy children for comparison. Inclusion criteria for these children were normal audiological and ophthalmological evaluation, absence of a personal or family history of neurological or muscular disorders, no medications or drugs being taken that could affect the nervous system, and a normal physical and neurological exam.

A control group was not necessary for SEP N20, since we already had these data from a previous study.[18] All control group and deaf children were right-handed.

Flash VEP and SEP N20 The TrackWalker program was used on a digital MEDICID-4 electroencephalograph (Neuronic SA, Cuba) to record flash VEP and SEP N20, from which topographic maps of cortical responses were obtained. A monopolar recording montage was used with the 19 derivations of the 10–20 International System and a linked ear reference. Surface electrodes were used for recording, with impedances kept below 5 kW during the entire recording. Signals were filtered between 0.5 and 100 Hz for flash VEP recording and 0.5 and 300 Hz for SEP N20. Recordings were obtained with a sample frequency of 1000 Hz.[18–21]

The MEDICID-4’s flash stimulator was used to evoke visual responses; placed at a distance of 30 cm from the child’s face, it presented flashes of light at a frequency of 1 Hz. The children kept their eyes closed during stimulus presentation and binocular stimulation was used. To evoke somatosensory responses, the median nerve was stimulated on both sides separately with a Neuropack 2 electrical stimulator (Nihon Kohden Corporation, Japan), coupled to the MEDICID-4. The ground electrode, a Velcro-covered metal band, was placed around the middle third of the arm. The stimulating bar electrode was placed on the wrist for stimulation of the median nerve with the most proximal cathode. Electrical stimulus duration was 9.1 ms at a frequency of 3 Hz. Intensity was gradually increased until there was clearly perceived movement of the thumb.[19] Each nerve was stimulated for 10 minutes.

All recordings were made in a room with low ambient noise and controlled temperature (never below 24 °C). Body temperature was taken during recording. None of the children presented fever or hypothermia. During the procedures, children rested in a supine position with eyes closed, as relaxed as possible.

Flash VEP and SEP N20 assessment Brain electrical activity recordings were assessed offline to extract flash VEP and SEP N20 and thus assess P1 and N20 components of cortical response. Evoked responses were edited with the EP WorkStation[22] program that runs on the digital MEDICID-4 electroencephalograph. Brain electrical activity segments synchronized with the stimulus, free of artifacts, were selected by visual inspection. Segments were recorded starting 20 ms pre-stimulus; evoked signals were plotted in analysis windows for a total time of 420 ms and 70 ms for flash VEP and SEP N20, respectively. These electrical activity segments were averaged to obtain flash VEP (300 windows) and SEP N20 (1000 windows). Subsequently, all head recording sites were assessed by visual inspection to identify and describe the derivations where P1 (VEP) and N20 (SEP) cortical response was present, their morphology assessed in relation to the normative studies done in our laboratories for the different types of evoked potentials and also described in the literature.

[20,23] Evoked potential morphology is a qualitative parameter defined by the appearance of the peaks or waves that characterize the voltage changes in the responses evoked. In this case, evoked potentials were generated by flash and electrical stimuli, and their waves labeled according to their polarity and latency of appearance: P1 for flash VEP and N20 for SEP. Evoked potential morphology reflects the degree of synchrony and orientation of the generating dipoles participating in the responses. Additionally, P1 and N20 amplitude was measured from baseline to the maximum voltage point for each peak.

Topographic maps were obtained for each individual flash VEP and SEP N20 recording, along with average maps for each type of evoked potential, bilaterally and for both deaf and control groups. These were plotted using a peak percent scale in which 50% of the value of the maximum amplitude among all derivations is taken as the maximum value of the scale, using the pertinent analysis option in EP WorkStation.[22] In analysis of the average maps, each age group was subdivided, with age seven years as the cutoff point, which considers possible differences that take place as a result of auditory deprivation during the critical period of neural development and neuroplasticity.

To compare flash VEP and SEP N20 topography between the two groups of children (deaf children and controls), a nonparametric permutation test was used with the Student t test,[24] available in the EP-WorkStation editor module.[22] The statistical hypothesis was that the mean amplitude vectors (signal voltage) for each derivation in the flash VEP and SEP N20 recordings would be significantly different between the two groups. One thousand permutations were done in 130–150 ms and 35–45 ms post-stimulus time intervals for flash VEP and SEP N20 recordings, using a significance threshold of p ≤0.05. Next, topographic maps were assessed comparing deafness duration of <7 years versus ≥7 years, measured from time of onset to age at the time of the study.

Ethical considerations Parents or guardians provided written informed consent for the children’s participation. The study was approved by the ethics committees of the Marfán Pediatric Teaching Hospital and the Cuban Neuroscience Center.

RESULTS

Flash VEP topography Figure 1a shows flash VEP in a healthy, normal-hearing child from the control group. Observe the reproductibility of the recording, an expression of good signal–noise ratio, and the typical morphology of the P1 peak corresponding to occipital cortex activation from flash stimulation. Characteristics of this response in deaf children were comparable to that of control group children, as can be seen in Figure 1b, which shows recordings for one of the deaf children.

Figure 2a shows flash VEP topographic maps of deaf and control children. Both groups showed a similar topographic pattern flash VEP, circumscribed to the occipital region bilaterally, in children in both age groups, showing a tendency toward greater energy in the right hemisphere based on visual inspection. Considering that flash VEP topographic maps did not show differences by age, a proxy for duration of deafness, we proceeded to compute average maps for all children in both groups. Figure 2b shows these maps as well as results of statistical topographic comparison in deaf children and the control group using a permutation test. Overall...
probability (p = 0.52) and by channel was not statistically significant when comparing topography of the occipital cortex evoked response from flash presentation in deaf children and the control group.

Table 1 shows flash VEP P1 peak amplitude values for deaf children and the control group. A comparison of the two groups’ evoked response amplitude—that is, the energy of brain electrical activity expressed as voltage in the occipital region—found no statistically significant differences for either right or left hemisphere.

Changes in SEP N20 topography in deaf child CI candidates as an expression of CMP Figure 3 shows the somatosensory cortical response obtained from electrical stimulation of the right median nerve in a deaf child. This recording illustrates the quality of the studies, characterized by the extent of replicability between the subaverages and typical morphology, which made the N20 peak (SEP N20) readily identifiable. Typical response morphology, present in derivation C3, is pointed out with arrows, on both the signals and in the map in the figure’s upper left-hand corner.

With the advent of modern imaging techniques, our group and other researchers have expanded the literature based on new studies. Authors using functional magnetic resonance imaging (fMRI) have found that visual stimuli activate the auditory cortex. [3,4] However, in our study, deaf children showed only occipital activation in response to flash stimulation. We believe that this finding in no way contradicts the reported findings of Neville[5] and other authors on the use of fMRI, since their studies used visual stimuli involving performance of selective visual attention tasks, such as use of sign language or presentation of a pattern of
of their cochlear receptors. Furthermore, other authors report no evidence of activation of the primary auditory cortex in studies done on congenitally deaf cats subjected to visual stimuli.[26,27]

However, we consider our results valid, given that the pattern of flash VEP topography in individual and group maps for the control children is so regular. This concurs with reports by other authors, including evoked potential studies using other modalities; for example, median and tibial nerve SEP,[18,28,29] and therefore, supports the technique’s utility for assessing CMP in children with auditory sensory deprivation. Along these lines, it should be emphasized that from a practical point of view, evoked potentials are useful neurophysiological techniques for objectively assessing the functional state of the nervous system. Patient cooperation is not necessary (subjects only need to be relaxed and keep their eyes closed); they are easy to replicate among different laboratories; and their interpretation is based on patterns of normality obtained in healthy control groups, where trained personnel visually inspect the recordings and measures their peaks, and in the present study specifically, assess cortical response topography (peak or wave).

Furthermore, the study did demonstrate differences in SEP N20 topography between control and deaf children, specifically deaf children aged ≥7 years, with long duration of deafness, since their deafness was prelingual and was detected at birth or under three months of age. In these children, evoked response was obtained in the region corresponding to hand representation in the somatosensory cortex contralateral to the stimulated median nerve. However, with right median nerve stimulation, this activation extended further, as activity was found in the left temporal region.

This study used a tactile stimulus appropriate to the somatosensory pathway, and the one most used in clinical practice for neurophysiological assessment of conduction in the dorsal column pathway. We interpret the change observed in SEP N20 topography as a neuroplastic phenomenon, cortical reorganization of somatosensory representation, an expression of CMP in that the temporal region that normally corresponds to auditory sensory input processing is activated in addition to the somatosensory cortical area for the hand.

Studies using vibrotactile stimulation have found increased tactile sensitivity in congenitally deaf persons and expansion of finger representation in blind braille readers.[30,31] Along these lines, over-representation of SEP N20 in the left temporal region in deaf children aged ≥7 years on right median nerve stimulation is a finding that in our opinion could be added to this evidence of CMP. The changes observed seem to be closely related to the flow of somatosensory input, resulting from a complex interaction among the effect of long duration of hearing loss, reliance on sign language for communication from an early age, and handedness. When observing the behavior of these children in the clinical neurophysiology laboratory while they were waiting to be seen, we could see that in general, they make considerable use of their hands to explore the environment, but hand use is greater when they communicate by sign language.

These results are evidence that changes observed in our laboratory in an earlier study of deaf–blind children are not exclusive to...
deaf–blindness but are also present in sighted deaf children. However, in deaf children, there was less asymmetry in left hemisphere SEP N20 response, since over-representation only extended to the temporal area, while in deaf–blind children, there was activation in parietal, temporal and occipital regions.\[18\] The first neurophysiological evidence of neuroplasticity that we described in deaf–blind CI candidates corresponded to observations in a sample of deaf–blind children, which found a more extensive activation pattern in fMRI in response to tactile stimulation of the second and third fingers of the right hand.\[32\]

Studies of deaf children have demonstrated that CI is less effective if the child is implanted late, a phenomenon that appears to be related at least in part to communication through sign language, because of cortical reorganization in the auditory cortex. In this situation, vision becomes the dominant sense.\[15,33,34\] even more so than in normal human development, in which approximately 80% of the brain is involved in processing visual information.\[35\] However, our findings suggest that although vision is an extraordinarily important sense in humans, somatosensory information also plays an important role in deaf subjects, not only in deaf–blind subjects. We confirmed that somatosensory information invades the temporal cortical region as an expression of CMP in prelingually deaf children aged ≥7 years, showing the implications of loss of the so-called critical period of neural development in deaf children who do not receive CI early in life (before seven years of age, preferably before 3.5 years).\[33,34\] Quite the contrary: these children base their communication on sign language and, therefore, cortical somatosensory representation expands, particularly of the dominant hand in the contra-lateral hemisphere.

In summary, this study makes an important contribution to the field of deafness, neuroplasticity and CI in deaf children, by showing that cortical reorganization takes place in somatosensory representation of the dominant hand, an expression of neuroplasticity due to cross-modal interaction between auditory and somatosensory sensory inputs. The question remains whether these findings might indicate that the greater the somatosensory reorganization, the less likely the child is to benefit from CI. To address this question, future studies will be necessary; accordingly, our working group plans to retest SEP N20 in these children after post-CI auditory rehabilitation.

**CONCLUSIONS**

This study yielded data on cortical processing of somatosensory information by deaf children, by assessing SEP N20 topography, where cortical over-representation of SEP
N20 in the left temporal region is interpreted as evidence of CMP. This occurs if the deaf child does not receive CI early in life and relies on sign language for communication; it is an important consideration in selecting children for CI and a major ongoing issue in clinical practice among CI specialists. Our finding that simple visual stimuli such as flashes of light only activate the occipital cortex in deaf persons, in contrast to stimuli that require visual attention, supports a preponderant role of somatosensory input over purely visual in CMP in sighted deaf children, and further underscores the need for IC as early as possible.

ACKNOWLEDGMENTS
The authors are grateful to the Cuban Cochlear Implant Group and the institutions and agencies that support our work, as well as to the children served by the program and their parents, without whose help this study would not have been possible.

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Submitted: February 7, 2012
Approved for publication: January 20, 2013
Disclosures: None

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