

**“Exploring Health, Wellness & Culture in Cuba”
A MEDICC Gateways Professional Research Opportunity**



Cuba!

- When:** Sunday, February 16 – Saturday, February 22, 2020
- Where:** Cuba’s capital city of Havana, just past its 500-year anniversary
- Who:** MEDICC welcomes all whose area of expertise and/or profession is medicine, health or wellness; as well as artists, photographers, actors, musicians and other cultural workers whose professional life includes culture as a component of health, contributing to improved social determinants of health or individual/population wellbeing.
- Online Registration:** [Click on this link for the online registration form.](#)
- Estimated Cost:** \$3800 - \$4500 depending on final number of participants, final program, and room occupancy chosen. Estimate includes: airfare from US departure point; hotel & breakfast; most lunches; customized program, in-country transportation during program including airport transfers, visa, specialized interpreter, bilingual guide & dedicated driver, some estimated personal expenses. Accommodations will be in the Hotel Sevilla in Old Havana.
- Contact:** For more information, please contact Elizabeth Sayre, MEDICC Gateways Program Director, esayre@mediccgloba.org

An extraordinary itinerary is in the works on the tail end of Havana’s 500th Anniversary year, including learning from participatory community projects, natural/traditional medical therapies, artists’ cooperatives, mental health centers, neighborhood family doctor-and-nurse offices, children’s theater ...and finally, the HistArtMed program that brings together Cuban health professionals and the country’s vibrant culture, past and present.

As required by US law, participants will attend a full time schedule of activities during the day, while evenings will be free for exploring the city’s restaurants and nightlife. Travel with this MEDICC group is 100% legal under the US Treasury Department, OFAC General License, **Professional Meetings and Professional Research category**, CACR 515.564, as updated in June 2019.

***Join MEDICC for an insider’s look at intersections between health and culture
in Cuba’s unique and historic capital!***