

**A Healthy Cuba, Healthy World: Celebrating History, Community & Culture  
MEDICC's 2<sup>nd</sup> Annual Conference  
Santiago de Cuba, December 5–9/10, 2018**

**PROGRAM AT-A-GLANCE**

	<b>WEDNESDAY December 5</b>	<b>THURSDAY December 6</b>	<b>FRIDAY December 7</b>	<b>SATURDAY December 8</b>	<b>SUNDAY December 9</b>
<b>Early Morning</b>		<p><b>Participatory Tai chi:</b> The gentle way to fight stress: "Meditation in Motion" with community residents</p> <p><b>Learn about MEDICC:</b> <b>GATEWAYS</b> People-to-people travel fits the interests of your organization or institution. <b>MEDICC REVIEW</b> This peer-reviewed, MEDLINE-indexed, open-access journal publishes Cuban health professionals' research &amp; commentaries.</p>	<p><b>All-day Session:</b> <b>COUNTRY LIFE, HEALTH &amp; HISTORY</b> in a rural town in the majestic Sierra Maestra mountains. Hear from cooperative farmers, family doctors and nurses, and local museum curators...walk the town's streets and visit health care, rehab and senior centers.</p> <p>Learn by doing... as coop farmers teach the delicate task of harvesting ripe coffee beans from the vine.</p>	<p><b>Participatory Tai chi:</b> The gentle way to fight stress: "Meditation in Motion" with community residents</p> <p><b>Learn about MEDICC:</b> Support for US students at the Latin American Medical School (<b>MD Pipeline to Community Service</b>), plus leaders of underserved US communities who bring home insights from Cuban health care (<b>Community Partnerships for Health Equity</b>).</p>	<p><b>All-day Session:</b> <b>Journey thru 20<sup>th</sup> Century History</b> Historians accompany you by jeep and then a hike into the heart of the Sierra Maestra mountains to La Plata, where Fidel Castro's Rebel Army made its headquarters in the 1950s. A rare look inside the well-preserved site of the outnumbered rebels who defeated Fulgencio Batista's forces and marched into Santiago on January 1, 1959.</p>
<b>Morning through 4:00pm</b>	<b>REGISTRATION</b>	<p><b>Concurrent sessions (choose)</b></p> <ul style="list-style-type: none"> <li>• <b>HISTORIC SANTIAGO:</b> Explore Santiago's rich patrimony with Cuban historians...from San Juan Hill to the Morro Castle and beyond.</li> <li>• <b>SANTIAGO'S CULTURE &amp; RELIGIONS:</b> Learn how history, belief systems and Caribbean diversity make Santiago Cuba's most unique city, joined by the people who practice these traditions. Visit the Monument to the Runaway Slave by noted artist Alberto Lescaj, plus the Sanctuary of Our Lady of Charity</li> </ul>	<p><b>NOTE: Lunch on site, prepared for small groups of participants at three cooperatives...all ingredients locally grown and raised.</b></p>	<p><b>Concurrent sessions (choose)</b></p> <ul style="list-style-type: none"> <li>• <b>HISTORIC SANTIAGO:</b> Explore Santiago's rich patrimony with Cuban historians...from San Juan Hill to the Morro Castle and beyond.</li> <li>• <b>SANTIAGO'S CULTURE &amp; RELIGIONS:</b> Learn how history, belief systems and Caribbean diversity make Santiago Cuba's most unique city, joined by the people who practice these traditions. Visit the Monument to the Runaway Slave by noted artist Alberto Lescaj, plus the Sanctuary of Our Lady of Charity</li> </ul>	<p><b>LUNCH on site.</b></p> <p><b>NOTE: For those who may not be up to the hike, but wish to stay for Sunday,</b> conference organizers offer the</p>

		<p>of El Cobre, Cuba's Patron Saint, all in the company of specialists from the Casa del Caribe (House of the Caribbean).</p> <p>• <b>EDUCATION &amp; THE ENVIRONMENT:</b> Visit a unique primary school, the brainchild of its principal, students and teachers...who have made it a haven for creativity. Join them in their "work"! THEN set sail to Granma Key, where culture meets environmental cleanup, and young people transform the bay's flotsam and jetsam into art. You'll want to get involved!</p> <p><b>NOTE:</b> Lunches on site at the Terraza de Caridad (where you'll be making your own coffee the old-fashioned way); the Morro Castle with spectacular views; and Granma Key, in the midst of Santiago's beautiful bay.</p>		<p>of El Cobre, Cuba's Patron Saint, all in the company of specialists from the Casa del Caribe (House of the Caribbean).</p> <p>• <b>EDUCATION &amp; THE ENVIRONMENT:</b> Learn from specialists at a lush tropical garden, a private-public partnership in action to enhance the environment. THEN set sail to Granma Key, where culture meets environmental cleanup, as young people transform the bay's flotsam and jetsam into art. You'll want to get involved!</p> <p><b>NOTE:</b> Lunches on site at the Terraza de Caridad (where you'll be making your own coffee the old-fashioned way); the Morro Castle with spectacular views; and Granma Key, in the midst of Santiago's beautiful bay.</p>	<p>opportunity to join in the Sunday activities of the <b>Casa de la Trova</b>, emblematic site of Cuban music, from son to salsa, rhumba to bolero. A chance to listen to the best and move with their rhythms, as curators explain the origins of the music itself.</p>
Evening	<p><b>Conference Opening, Dinner &amp; Performance</b> Hotel Meliá Santiago <b>Music from Santiago's rich heritage:</b> <b>LA TUMBA FRANCESA!</b> ♪</p>	<p><b>Buffet Dinner Hotel Meliá Santiago</b></p> <p>THEN find out more about Santiago's Caribbean identity at the <b>Casa del Caribe (House of the Caribbean)</b>. Enjoy both the conversation and rich music and dance...offered this evening just for you.</p>	<p><b>Buffet Dinner Hotel Meliá Santiago</b> at small tables with <b>Haitian students at the Latin American Medical School &amp; Cuban health professionals</b> who have served in Haiti and other countries.</p> <p><b>FREE EVENING</b></p>	<p><b>Conference Closing DINNER &amp; GALA</b> Santiago Café Hotel Meliá Santiago <b>Music from the extraordinary SEPTETO SANTIAGUERO!</b>♪</p> <p><b>Plus Special Guests</b></p>	<p><b>Buffet Dinner Hotel Meliá Santiago</b></p> <p><b>FREE EVENING</b></p>

**PLEASE NOTE:** Once you register, and starting on October 3, details will be posted on the conference site to help you choose from among the **CONCURRENT SESSIONS** on Wednesday and Friday, and those listed for Sunday (if you stay through December 9<sup>th</sup>). Space is limited, so sessions will be offered on a first-come, first-served basis. You'll be alerted by email on how to sign up. **Follow @mediccgloba on Twitter, MEDICC on Facebook and this site for Conference updates!**